

SAINT ANDREW'S HIGH SCHOOL
FORM 3 HOME ECONOMICS TEST 1
FOOD AND NUTRITIONS
15 MARKS.

1. State the definition of these terms. (2mrks)

i. Food –

ii. OHS –

2. Say that Anna is new to the kitchen but wanted to learn more about cooking but scared that she might spill the boiling water and burn. Explain the correct way Anna should prevent this from happening. (3)

3. Identify 4 ways on how to prevent cuts while cooking. (4mrks)

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4. State 4 common accidents in the kitchen. (4mrks)

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5. Describe how to prevent your kitchen from fire. (2mrks)
